

State of Illinois Goal 21: Students will develop team-building skills by working with others through physical activity.

Why Goal 21 is important: As members of teams, students need to fill the role of leader at times and participant at other times. Knowing how to follow procedures, accept leadership from others, participate actively and lead when appropriate will serve the student on and off the playing field. Students need to know the elements of teamwork (communication, decision making, cooperation, leadership) and how to adjust individual needs to team needs. Students also need to be able to recognize each member’s contributions, including their own.

Goal 21A: Students will demonstrate individual responsibility during group physical activity.

Early Elementary	Late Elementary	Middle/Junior High School	Early High School	Late High School
21.A1a. Follow directions and class procedures while participating in physical activities.	21.A2a. Accept responsibility for their own actions in group physical activity.	21.A3a. Follow directions and decisions of responsible individuals (e.g., teachers, peer leaders, squad leaders).	21.A4a. Demonstrate decision-making skills both independently and with others during physical activities.	21.A5a. Demonstrate individual responsibility through the use of various team-building strategies in physical activity settings (e.g., etiquette, fair play, self-officiating, coaching, organizing a group activity).
21.A1b. Use identified procedures and safe practices with little or no reinforcement during group physical activities.	21.A2b. Use identified procedures and safe practices without reminders during group physical activities.	21.A3b. Participate in establishing procedures for group physical activities.	21.A4b. Apply identified procedures and safe practices to all group physical activity settings.	
21.A1c. Work independently on tasks for short periods of time.	21.A2c. Work independently on task until completed.	21.A3c. Remain on task independent of distraction (e.g., peer pressure, environmental stressors).	21.A4c. Complete a given task on time.	

Goal 21B: Students will demonstrate cooperative skills during structured group physical activity.

Early Elementary	Late Elementary	Middle/Junior High School	Early High School	Late High School
21.B1. Work cooperatively	21.B2. Work cooperatively	21.B3. Work	21.B4. Work	21.B5. Demonstrate

<p>with another to accomplish an assigned task.</p>	<p>with a partner or small group to reach a shared goal during physical activity.</p>	<p>cooperatively with others to accomplish a set goal in both competitive and non-competitive situations (e.g., baseball, choreographing a dance).</p>	<p>cooperatively with others to achieve group goals in competitive and non-competitive situations (e.g., challenge course, orienteering).</p>	<p>when to lead and when to be supportive to accomplish group goals.</p>
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